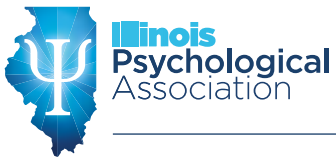




2024



# ANNUAL CONVENTION

**Nov. 7 & 8, 2024**

Doubletree North Shore Hotel  
SKOKIE • ILLINOIS

# GRADUATE DEGREES FOR SOCIAL CHANGE

Adler University is dedicated to training socially responsible practitioners, creating real change in our communities, and advancing social justice. We believe that responsible practitioners must do more than address mental health and well-being at the individual level – we need to create an environment for wellness by advocating for a more just society.

## Master's and/or doctorate programs in:

- Art therapy
- Clinical mental health counseling
- Clinical psychology
- Couple and family therapy
- Counselor education and supervision
- Forensic mental health leadership
- Public policy & administration
- Sex therapy (certificate)
- Sport & human performance

“I want to be challenged and find my purpose in the world. The faculty members at Adler University are people who have made this possible by fostering my growth while connecting me with opportunities all over the world.”

- Elaine Carey, Chicago Psy.D. graduate





# Convention at a Glance

## Thursday

NOVEMBER 7, 2024 | 9:00 AM – 6:15 PM

8:30 AM – 4:45 PM EXHIBITS

9:00 AM – 10:30 AM

PROGRAM 1

**Under the Covers of Ableism: Professional's Implicit Biases and Influences on Intimate Relationships**

9:00 AM – 10:30 AM

PROGRAM 2

**An Examination of the Psychological and Physical Consequences of the New Marijuana on Adolescents and Young adults.**

9:00 AM – 10:30 AM

PROGRAM 3

**The Effects of Social Media on Mental Health**

9:00 AM – 10:30 AM

PROGRAM 4

**The Clinical Utility of Melanie Klein**

10:30 AM – 10:45 AM

Break

10:45 AM – 12:15 PM

PROGRAM 5

**Roundtable Discussion of Common Billing/ Reimbursement Questions and Concerns for Illinois Clinical Psychologists**

PROGRAM 6

**Working with Racial Trauma**

PROGRAM 7

**Landmines and Lily Pads: Using Narrative Medicine Strategies to manage the Clinician's experience while working with our clients.**

PROGRAM 8

**The Medusa Complex**

12:15 PM – 1:00 PM

Lunch Break

1:15 PM – 2:45 PM

PROGRAM 9

**Introduction to Alzheimer's Disease and Other Dementias**

PROGRAM 10

**Understanding the Basics of Ketamine Assisted Psychotherapy**

PROGRAM 11

**Ethics & Legality of AI: Implications for Teaching, Training, and Practice**

PROGRAM 12

**Visuals in Psychotherapy: Evidence-supported innovations to promote improved, sustainable results**

2:45 PM – 3:00 PM

BREAK Sponsored by Midwestern University

3:00 PM – 4:30 PM

PROGRAM 13

**Kasamahan: A Model For Deepening Cultural and Clinical Competence**

PROGRAM 14

**Utilizing DBT Skills In Therapy To Move Clients Towards Change**

PROGRAM 15

**Multicultural Competency: Unpacking Diversity in Clinical Practice**

PROGRAM 16

**When the Shoes Don't Fit: Working with High Conflict Families**

4:30 PM – 4:45 PM

BREAK Sponsored by Midwestern University

4:45 PM – 6:15 PM

PROGRAM 17

**Introduction to Perinatal Mental Health and Considerations for LGBTQ2+ Clients**

PROGRAM 18

**When Global Conflicts Enter the Psychotherapy, Training and Academic Space**

PROGRAM 19

**Disenfranchised Grief: When Transitions Hurt**

PROGRAM 20

**Enlivening Therapy: An Introduction to Psychodrama and Sociometry**

## Friday

NOVEMBER 8, 2024 | 9:00 AM – 5:15 PM

8:30 AM – 4:00 PM EXHIBITS

9:00 AM- 10:30 AM

PROGRAM 21

**Initiating Lasting Impact: The IPA Leadership Development Program**

PROGRAM 22

**Integration of Self-Compassion into Clinical Practice**

PROGRAM 23

**The Political is Professional: Addressing the Needs of TGD Psychologists and Trainees**

10:30 AM – 10:45 AM

BREAK

10:45 AM – 12:15 PM

PROGRAM 24

**Convention Keynote**  
**"PSYCHOLOGY—State of the Profession"**  
 Jared L. Skillings, PhD, ABPP

12:30 PM – 1:45 PM

LUNCH BREAK

**IPA Annual Awards Luncheon**  
**Presidents Address**

**Awards**

**Distinguished Illinois Psychologist Legislative of the Year Awards**  
**IPAGS Jennifer Manfre Award**

2:00 PM – 5:30 PM

PROGRAM 25

**Culture Clashes in the Consulting Room: Ethical Considerations**

2:00 PM – 3:30 PM

PROGRAM 26

**2024 Progress Report: Your Legislative Committee in Action**

PROGRAM 27

**Assisted Reproductive technology in the 21st Century: Third Party Reproduction and the Role of the Psychologist**

3:30 PM – 3:45 PM

BREAK Sponsored by IPA Early Career Psychologist Section

4:00 PM – 5:30 PM

PROGRAM 28

**IPAGS Program Presentation: Early Career Psychology**

PROGRAM 29

**Integrative Self Psychological Couple Therapy**

### Student Poster Presentation

The Illinois Psychological Association Graduate Student Section (IPAGS) will be hosting Student Poster Presentation Competition on Friday at 5:30 pm. Awards will be presented at 6:30 pm. We hope you will attend.



DEAR IPA MEMBERS AND COLLEAGUES,

# Welcome to the 2024 Illinois Psychological Association Convention!



On behalf of the IPA leadership and the Convention Steering Committee, I want to welcome you to the annual IPA Convention, with my excitement and enthusiasm for our annual convention! I also want to express my appreciation for your support for our convention and attending the annual meeting. I am proud of a wonderful program we have this year and confident that everyone will be able to find programs that are relevant, meaningful and educational to further your professional development.

I would like to express my gratitude to my convention Co-Chair, President-Elect Dr. Kristina Pecora as well as to the members of the Convention Steering Committee: Drs. Erin Alexander, Hayley Bemel, Ivelisse Burgo, Jenine Chiles, Manisha Dayal, Colin Ennis, Holly Houston, Hayley Beth Van Serke and Hana Simon.

There are many rapid changes happening in our profession as well as in our country at large. The United States presidential election will occur just a few days before our annual convention. Political stress impacts many people's well-being regardless of their political beliefs. Moreover, there are significant changes happening in our profession, such as the potential use of AI in teaching and clinical practice. The role of master level clinicians in our profession may be shifting. To understand and prepare for these potential changes, we will offer programs that delve into the complex layers of these potential changes.

Similar to last year, we have various IPA sections sponsoring particular programs that are more reflective of their members' interests. It is fantastic that some sections have collaborated to produce programming that is not only innovative but cutting edge. I am especially excited about our keynote presentation by Dr. Jared Skillings, APA's Chief of Professional Practice. Dr. Skillings has dedicated his career to advocating for the profession of psychology through improving access to psychological care, reimbursement advocacy, and advancement of science and training. He will discuss the current state of our profession and how we might prepare for all the changes that will come our way. All hours of the convention you attend will be available for Continuing Education Credits, including state mandated credits on Ethics, Multicultural Competency, and Alzheimer's Disease. In addition, you are invited to the President's Reception and Student Poster Presentation on Friday evening to relax and connect with your colleagues with hors d'oeuvres and drinks before the convention concludes. It is worth noting that, this year, we have an unprecedented number of student posters from various universities. Students are our future; I hope that you will consider attending the poster session during the reception to support and encourage our graduate students.

I am so looking forward to seeing all of you at the convention. It promises to be an engaging and inspiring conference experience!

Sincerely,

**Sue Bae, PhD**  
President and Convention Committee Chair  
Illinois Psychological Association

Not a member of the IPA? **JOIN NOW.** 

You will receive the member benefit of reduced convention registration fees.

## DEAR MEMBERS, GUESTS, AND HONOREES,

It is with great pleasure that I welcome you to the Illinois Psychological Association's Annual Conference. As the Executive Director, it is an honor to see so many esteemed colleagues, dedicated professionals, and passionate advocates for mental health gathered here today.

This year holds special significance for our organization, as it marks the first time in our history that the Illinois Psychological Association is led by two women of color: myself as Executive Director and Dr. Sue Bae as President. In a year when the national conversation has been deeply engaged with issues of diversity, equity, inclusion, belonging and the potential ascension of a woman of color to the White House, we are particularly excited about this milestone. It reflects our commitment not only to advancing the field of psychology but also to fostering leadership that is as diverse as the communities we serve.



We are especially thrilled to welcome our keynote speaker, Dr. Jared L. Skillings, whose insights and expertise will undoubtedly inspire us all as we navigate the evolving landscape of psychology.

I would also like to extend a warm welcome to our distinguished honorees at this year's awards luncheon: Senator Karina Villa, Representative Lindsey LaPointe, and Dr. Colin Ennis as well as those recognized for their advocacy for mental healthcare accessibility. Their outstanding contributions to the field of mental health and their unwavering commitment to the well-being of our communities have set a standard of excellence that we are proud to celebrate.

This conference is more than just a gathering; it is a testament to the strength and resilience of the profession. It is an opportunity to share knowledge, foster collaboration, and renewed commitment to the vital work you do every day.

Thank you for being a part of this event and for your continued dedication to advancing psychological practice and mental health advocacy in Illinois. I look forward to the meaningful discussions and connections that will emerge from our time together.

With warm regards,

**Litesa Wallace**, EdD  
Executive Director  
Illinois Psychological Association

# Thank you

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TO FIND OUT MORE ABOUT OUR ADVERTISERS CLICK ON THEIR ADS.



# Registration Information

## Deadline Dates

**NEW! EARLY BIRD PRICING ENDS  
SEPTEMBER 30, 2024**

**OCTOBER 3, 2024**

Request for Special Arrangements for Persons with Disabilities:  
Contact the IPA office: (312) 372-7610 x201.

**OCTOBER 18, 2024**

**Pre-Registration Discount Deadline**

**OCTOBER 23, 2024**

**FINAL DAY FOR REFUNDS**

No refunds will be given for non-attendance or cancellation after October 23.

## Cancellation/Refund Policy

Final day for refunds **OCTOBER 23, 2024**.  
Contact the IPA Office (312) 372-7601, x201

**TO REGISTER ONLINE CLICK HERE** 

## CONVENTION TIMES

**THURSDAY, NOVEMBER 7, 2024**

9:00 AM – 6:15 PM WORKSHOPS  
8:30 AM – 4:45 PM EXHIBITS

**FRIDAY, NOVEMBER 8, 2024**

9:00 AM – 5:30 PM WORKSHOPS  
8:30 AM – 4:00 PM EXHIBITS

**FRIDAY, NOVEMBER 8, 2024**

5:15 PM – 6:00 PM  
STUDENT POSTER PRESENTATION  
AND JUDGING (open to all)

5:15 PM – 7:00 PM

PRESIDENTS RECEPTION (open to all)

**ON SITE CONVENTION  
REGISTRATION DESK HOURS**

Located off hotel lobby

**THURSDAY, NOVEMBER 7, 2024**

8:00 AM – 5:45 PM

**FRIDAY, NOVEMBER 8, 2024**

8:00 AM – 5:15 PM

## ILLINOIS PSYCHOLOGICAL ASSOCIATION ANNUAL CONVENTION

November 7-8, 2024

# Registration Receipt

Date Paid \_\_\_\_\_ Amount Paid \_\_\_\_\_

### Method of Payment

Check #: \_\_\_\_\_  MasterCard  Visa  American Express

### Please Note:

You will not receive confirmation of registration before the conference. However, if there is a discrepancy when you arrive for the program, someone will be available to ensure you are able to attend and that the discrepancy is resolved.

Thank you for helping us keep our costs down by not requiring a confirmation of registration.

**SAVE THIS AS YOUR RECORD OF PAYMENT.**

## IPA 2024 Convention Registration Form

November 7-8, 2024

Please click here to [register on-line](#) or you may copy this form scan and email to [lwallace@illinoispsychology.org](mailto:lwallace@illinoispsychology.org).  
(Please print the following information if emailing.)

Name: \_\_\_\_\_ Highest Degree: \_\_\_\_\_

Pronouns you would like on your name badge: \_\_\_\_\_ Organization/Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address \_\_\_\_\_

I am presenting on Thursday  I am presenting on Friday

### CIRCLE REGISTRATION CHOICES

#### THURSDAY and Friday PROGRAM Package

	EARLY BIRD REGISTRATION RECEIVED BY September 30	Registration Received by: October 18	Registration After October 18, or On-site
IPA Members or Affiliates.....	\$330	\$350	\$365
Non-members.....	\$365	\$385	\$400

#### IPAGS TWO DAY PACKAGE—IPAGS Student Member Special: Thursday and Friday Programs—\$25/\*\$35 (\*with lunch on Friday)

#### THURSDAY WORKSHOP ONLY (Includes Lunch)

	EARLY BIRD REGISTRATION RECEIVED BY September 30	Registration Received by: October 18	Registration After October 18, or On-site
IPA Members or Affiliates.....	\$175	\$195	\$200
Non-members.....	\$225	\$250	\$275
Non-Student Members.....	\$45	\$55	\$65

#### FRIDAY PROGRAMS ONLY (Includes Lunch)

	EARLY BIRD REGISTRATION RECEIVED BY September 30	Registration Received by: October 18	Registration After October 18, or On-site
IPA Members or Affiliates.....	\$185	\$200	\$215
Non-members.....	\$225	\$250	\$275
Non-Student Members (no lunch/lunch included*) .....	\$35/*\$50	\$45/*\$55	\$55/*\$65

### TOTAL CONFERENCE FEES:

\_\_\_\_\_

I prefer a vegetarian lunch  I am a new IPA member (joined after 1/1/2024)

VISA/MASTER CARD/AMEX CARD# \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_

### YOUR PROGRAM CHOICES: Check the number of programs you plan to attend on Thursday and Friday.

This information will help determine meeting room size. Refer to program numbers listed with program titles.

- THURSDAY AM 1 2 3 4 5 6 7 8
- THURSDAY PM 9 10 11 12 13 14 15 16 17 18 19 20
- FRIDAY AM 21 22 23 24
- FRIDAY AM 25 26 27 28 29

If paying by check, make check payable to: **Illinois Psychological Association Convention** and mail with this form to:

Litesa Wallace C/O Illinois Psychological Association  
5962 Fox Basin Rd., Rockford, IL 61108 - Phone: 312/372-7610 x 201





## **Arrangements for Persons with Disabilities**

The Illinois Psychological Association is committed to accessibility and non-discrimination in continuing education activities. Presenters and attendees are asked to be aware of the need for privacy and confidentiality during and after the program. Additionally, if a participant has special needs, please contact Litesa Wallace, (312) 372-7610, x201, to discuss what accommodations can be provided by October 23, 2024.

All questions, concerns, or complaints should be directed to Litesa Wallace.

## **Program Responsibility**

There is no commercial support for this program, nor are there any relationships between IPA, CE Sponsor, presenting organization, presenter, program content, research, grants or other funding that could reasonably be construed as conflicts of interest.

## **Continuing Education Criteria**

These sessions are sponsored by the Illinois Psychological Association. The Illinois Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Illinois Psychological Association maintains responsibility for this program and its content.

## **IPA WOULD LIKE TO THANK THE FOLLOWING SPONSORS**

Ascend Practice Management

Ascension

IPA Academic Section

IPA Behavioral Health & Neuropsychology Section

IPA Clinical Practice Section

IPA Early Career Psychologist

IPA Organizational & Business Consulting Section

IPA Section on Ethnic Minority Affairs

IPA Social Responsibility Section

IPA Women's Section

IPA Sexual Orientation and Gender Diversity Section

Midwestern University

Montrose Behavioral Health

National Louis University

National Register

Owl Practice

Sarah Bush Lincoln Health Center

The Chicago School of Professional Psychology

The Trust

Track 2 Pay

Not a member  
of the IPA?  
JOIN NOW.

You will receive the member benefit of  
reduced convention registration fees.

**JOIN IPA** 



## Exhibitor Information

The exhibits of the IPA convention represent a diverse range of ideas, techniques, and equipment. The use of these products should be guided by the APA ethical principles of psychologists. IPA is not responsible for the products and services displayed.

### VISIT THE EXHIBIT BOOTHS

THURSDAY: 8:30 AM–4:45 PM

FRIDAY: 8:30 AM–4:00 PM

The following are the exhibitors as of September 4, 2024.

There will be additional exhibitors that joined the convention after the brochure was produced.

Please extend your gratitude to these supporters of the Illinois Psychological Association by visiting their booths.

- Adler University**
- Allendale Association**
- Ascend Practice Management**
- Ascension**
- Juniper Center**
- Montrose Behavioral Health**
- National Louis University**
- National Museum of Psychology**
- Pearson Clinical Assessments**
- The Chicago School of Professional Psychology**
- Track 2 Pay**
- Wilson-Esler**
- Yellowbrick**



## Convention Location and Hotel Information

**Double Tree Northshore**  
9599 Skokie Boulevard  
Skokie IL 60077  
(847) 679-7000

### Book your room early!

IPA Room rate cut-off date for the Doubletree North Shore is **October 17, 2024.**

**BOOK NOW! CLICK HERE**



# Learning Objectives

The following learning objectives describe the knowledge and/or skill participants will acquire from each session.

## Thursday | NOVEMBER 7, 2024

### 1 **Under the Covers of Ableism: Professional's Implicit Biases and Influences on Intimate Relationships**

- Broaden cultural proficiency through examining real-life implications of ableism on interpersonal dynamics, fostering a deeper understanding of intersecting identities and their impact on therapeutic relationships.
- Equip clinicians with actionable strategies for mitigating implicit bias, fostering inclusive environments conducive to positive therapeutic outcomes for individuals with disabilities.
- Attendees will be able to discuss and formulate new ideas regarding potential influences of ableism on client's sexual identity and intimate relationships.

### 2 **An Examination of the Psychological and Physical Consequences of the New Marijuana on Adolescence and Young Adults**

- Attendees will be able to give a synopsis of both the public health and public safety concerns of this Act.
- Attendees will be able to assess the growing body of research literature that discusses the bio-psycho-social consequences of the use of this commercially available high grade grown marijuana being sold to adolescents and young adults.
- Attendees will be able to discuss what behavioral health providers must do to address the consequences of marijuana use.

### 3 **The Effects of Social Media on Mental Health**

- Attendees will be able to explain two current impacts of social media on child, adolescent, and adult mental health.
- Attendees will recognize two signs of social media overuse/addiction.
- Attendees will be able to identify two ways to help clients of all ages build age-appropriate strategies for effective social media use.

### 4 **The Clinical Utility of Melanie Klein**

- Attendees will be able to describe two key differences in thinking and experiencing associated with the paranoid-schizoid and depressive positions.
- Attendees will be able to identify two clients' intrapsychic positions on the basis of transcripts or summaries of actual (anonymized) psychotherapy sessions.

### 5 **Common Billing/Reimbursement Questions and Concerns for Illinois Clinical Psychologists**

- Attendees will be able to identify at least two "pros" and two "cons" when considering billing and reimbursement issues for a totally virtual clinical practice.
- Attendees will be able to define self-funded and fully-funded insurance plans and describe at least two of the differences between these types of insurance coverages and how these differences may affect reimbursement policies.
- Attendees will be able to describe at least three ways they can prepare (particularly in terms of documentation) for possible insurance audits.
- Attendees will be able to describe the current state (Illinois) and Federal restrictions for payment recoupments and considerations regarding types of third-party payers.

### 6 **Working with Racial Trauma**

- Attendees will be able to define the term racial trauma and understand how it is similar to and differs from other forms of trauma.
- Attendees will be able to discuss three strategies to address racial trauma in treatment.

### 7 **Landmines and Lily Pads: Using Narrative Medicine Strategies to Manage the Clinician's Experience While Working with our Clients**

- Attendees will be able to discuss the neurochemistry of trauma and of integration/trauma mastery.
- Attendees will be able to recognize and reframe their innate storytelling styles to move from a place of traumatic recall to resilience-based engagement with the material.
- Attendees will be able to apply narrative therapy and narrative medicine strategies in their workplaces to promote resilience with those in their care.

### 8 **The Medusa Complex**

- Attendees will be able to explain the Medusa Myth and how it continues to reverberate in modern times in regards the relationship of masculine and feminine priorities.
- Attendees will be able to identify and apply several Jungian concepts such as one sidedness and the "tension of the Opposites" and how these concepts prevent precipitate psychological growth.

### 9 **Introduction to Alzheimer's Disease and Other Dementias**

- Attendees will be able to identify the signs and symptoms associated with Alzheimer's disease and other common forms of dementia.
- Attendees will be knowledgeable in approaches to care planning for individuals showing signs and symptoms of dementia.

## 10 Understanding the Basics of Ketamine Assisted Psychotherapy

- Attendees will understand and describe the purpose and essential tenets of ketamine assisted psychotherapy (KAP)
- Attendees will be able to identify which types of clients would be best suited for KAP, as well as areas of contraindication.

## 11 Ethics and Legality of AI: Implications for Teaching, Training, and Practice

- Attendees will be able to describe the basic ethical and legal implications of AI related to the mental health field.
- Attendees will acquire basic tools, resources, and best practices for AI use across higher education, training, and clinical practice.

## 12 Visuals in Psychotherapy: Evidence-Supported Innovations to Promote Improved, Sustainable Results

- Attendees will be able to identify two ways visuals can be used to reduce anxiety and prevent relapse.
- Attendees will be able to identify two ways positive self-awareness can be sustained through the use of visuals.

## 13 Kasamahan: A Model for Deepening Cultural and Clinical Competence

- Attendees will be able to identify two psychological constructs that are specific to the Filipino population.
- Attendees will be able to consider programmatic/organizational approaches and strategies geared to working with more specialized but less familiar cultural and other marginalized groups.

## 14 Utilizing DBT Skills in Therapy to Move Clients Towards Change

- 1. Attendees will be able to describe the foundations and goals of Dialectical Behavioral Therapy (DBT)
- Attendees will be able to explain why a treatment for borderline personality (BPD) is applicable to a wide range of disorders/struggles.
- Attendees will be able to distinguish the differences between a true DBT model, modified DBT models and the DBT skills group component.
- Attendees will be able to identify ways to incorporate DBT skills training in individual therapy sessions and assist clients to both accept and change life's issues.

## 15 Multicultural Competency: Unpacking Diversity in Clinical Practice

- Analyze how contextual factors impact the therapeutic relationship.
- Demonstrate ways to practice cultural humility and avoid microassaults.

## 16 When the Shoes Don't Fit: Working with High Conflict Families

- Attendees will be able to maintain professional objectivity with clinical empathy in high conflict situations.
- Attendees will identify how unconscious biases and countertransference can impact our clinical work with families, both in individual therapy and family therapy.

## 17 Introduction to Perinatal Mental Health and Considerations for LGBTQ2+ Clients

- Attendees will identify three long-term consequences of untreated perinatal mental illness.
- Attendees will describe the presentation and functional impact of two perinatal mental health disorders and one treatment recommendation for each disorder.
- Attendees will apply LGBTQ2+ affirming practices to perinatal patients/clients, including naming two clinical guidelines.

## 18 When Global Conflicts Enter the Psychotherapy, Training and Academic Space

- Attendees will be able to discuss the origins of global conflict with a focus on the Jewish experience both historically and recently.
- Attendees will be able to identify and mitigate biases related to antisemitism in clinical, academic and training settings, promoting multicultural competence and ethical decision-making for inclusivity in the field of clinical psychology.

## 19 Disenfranchised Grief: When Transitions Hurt

- Attendees will be able to define disenfranchised grief and offer examples.
- Attendees will learn tools to aid in understanding and management of disenfranchised grief.

## 20 Enlivening Therapy: An Introduction to Psychodrama and Sociometry

- Attendees will be able to define psychodrama and sociometry and identify who created it.
- Attendees will be able to list two sociometric structures for building safety and connection in groups.
- Attendees will be able to describe one function of the psychodramatic empty chair.





**Friday** | NOVEMBER 8, 2024**21 Initiating Lasting Impact: The IPA Leadership Development Program**

- Attendees will identify personal barriers to taking initiative and feeling comfortable in leadership positions.
- Attendees will create a growth-oriented professional trajectory and develop insight into successful leadership styles.

**22 Integration of Self-Compassion into Clinical Practice**

- Attendees will be introduced to the theory and research findings related to the implementation of self-compassion strategies into clinical practice including data from our clinic.
- Attendees will be able to apply self-compassion theory to practice up to three skills through small group skills training.
- Attendees will be able to articulate special considerations for using self-compassion with specific clinical populations.

**23 The Political is Professional: Addressing the Needs of Transgendered and Gender-Diverse (TGD) Psychologists and Trainees**

- Attendees will be able to name and explain two barriers faced by TGD psychologists in education, training, and/or employment.
- Attendees will be able to name and explain two areas where challenges faced by TGD clients are uniquely felt and addressed by TGD clinicians.
- Attendees will gain insight into systemic barriers to TGD liberation and learn two factors to consider when supporting TGD clinicians within their programs.

**24 "PSYCHOLOGY - State of the Profession" Convention Keynote**

- Identify current trends in psychology and technology and how they affect your work as a psychologist.
- Recognize the impact of recent societal and health trends on psychology's workforce.

**25 Culture Clashes in the Consulting Room: Ethical Considerations**

- Attendees will be able to apply a systematic process of ethical decision-making when clients raise political or prejudiced statements in clinical settings.
- Attendees will be able to formulate key components of best practices responses with a focus on preserving the relationship and assessing a client's receptivity to feedback.
- Attendees will be able to appraise effective strategies relevant to working with clients whose personal views may differ sharply from one's own or who make prejudiced or biased statements to the therapist.

**26 2024 Progress Report: Your Legislative Committee in Action**

- Attendees will learn how the Legislative Committee works with lobbyists and legislators to protect the profession of psychology in Illinois.
- Attendees will learn about the advances and protections (wins) that occurred during the 2023-2024 legislative session.
- Attendees will learn about the priorities of IPA members that may help inform future Legislative Committee action.

**27 Assisted Reproduction Technology in the 21st Century: Third Party Reproduction and the Role of the Psychologist**

- Attendees will be able to explain the evolving role of mental health professionals (MHPs) in their-party reproduction, particularly in gamete donation and surrogacy contexts.
- Attendees will be able to describe three key aspects of mental health evaluation and psychoeducation in third-party reproduction.
- Attendees will be able to analyze how MHPs navigate complex ethical landscapes to promote the well-being of donors, recipients and offspring involved in third-party reproduction processes.

**28 IPAGS Program Presentation: Early Career Psychology**

- Attendees will be able to develop professional education and training programs for early career psychologists and graduate students to advance cultural competence and intercultural consciousness.
- Attendees will obtain enhanced resources aimed at assisting early career psychologists with preparing for licensure exams.
- Attendees will explore factors that support the success and resiliency of early-career psychologists and think of ways to implement these factors in settings that support early career psychologist and graduate students in clinical psychology.
- Attendees will apply the comprehensive list of ethical principles set forth by the American Psychological Association and understand special considerations for trainees and what to expect of your supervisor.

**29 Integrative Self Psychological Couple Therapy**

- Attendees will name three key tenets of contemporary self-psychological couple therapy.
- Attendees will explain how aspects of non-psychoanalytic approaches may be effectively integrated into a fundamentally self-psychological model.



# HANSEN & CLEARY<sup>LLC</sup>



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**EXPERIENCED ADVOCACY CLIENTS COUNT ON.**



**JENNIFER HANSEN, J.D.**

PARTNER



**LARA CLEARY, J.D.**

PARTNER

# Program Schedule

**Thursday** | NOVEMBER 7, 2024

9:00 AM - 6:15 PM

9:00 AM - 10:30 AM

**Program 1** (1.5 continuing education credits)

## Under the Covers of Ableism: Professional's Implicit Biases and Influences on Intimate Relationships

This session will investigate the intricate dynamics of explicit and implicit ableism within professional realms and explore how these biases potentially influence the intimate relationships and sexual trajectories of clients. Panelists will facilitate an open dialogue and candid discussion guided by peer reviewed research, personal and professional experiences, and media representations.

**Sue Bae**, PhD, Program Chair, IPA President *or*  
**Braden Robert Berkey**, PsyD, CSE Loyola University  
 Private Practice  
 Sue Bae & Associates

**Alex Q. Combs**, MS  
 The Chicago School of Professional Psychology

**Jamie Langosch**, MA, LPC  
 The Chicago School of Professional Psychology

9:00 AM - 10:30 AM

**Program 2** (1.5 continuing education credits)

## An Examination of the Psychological and Physical Consequences of the New Marijuana on Adolescents and Young adults.

We have seen the passage of legislation by the State of Illinois legalizing marijuana making it available to adults for its recreational use. This presentation will examine the experience of Illinois along with the experience of a growing number of states that have made marijuana available for its recreational use. In addition to the public health and public safety impact, the bio-psycho-social consequences will be reviewed. The recent body of emerging psychiatric and psychological research literature that discusses the psychiatric and psychological consequences of the use of this high grade grown marijuana with adolescents and young adults will be presented.

**Joseph E. Troiani**, PhD, CADC, Program Chair  
 Associate Professor of Clinical Psychology & Founder for Military Psychology  
 Adler University, President of the Board of Directors  
 for the Illinois Certification Board

9:00 AM - 10:30 AM

**Program 3**

## The Effects of Social Media on Mental Health

The Effects of Social Media on Mental health explores the positives and negatives of its use across the lifespan. Specific focus will be on how social media impacts BIPOC and LGBTQIA adolescents and young adults as well as women. Guidelines on effective use to teach clients will be presented.

**Sara Rusk**, PsyD, HSP, Program Chair  
 Private Practice  
 Primary Care Psychology Associates

9:00 AM - 10:30 AM

**Program 4** (1.5 continuing education credits)

## The Clinical Utility of Melanie Klein

Fundamental to Melanie Klein's metapsychology are the **paranoid schizoid** and the **depressive positions**. Each includes specific psychic functions—operating systems, in essence—that correspond to a distinct phase of development. Applying understandings of these different *positions* to case material guides both formulations and clinical interventions, as will be clearly demonstrated.

**Peter Reiner**, PhD, LMFT, Program Chair  
 Private Practice, Chicago Psychoanalytic Institute,  
 Chicago Center for Psychoanalysis

10:30 AM - 10:45 AM

**Break**

10:45 AM - 12:15 PM

**Program 5** (1.5 continuing education credits)

## Roundtable Discussion of Common Billing/Reimbursement Questions and Concerns for Illinois Clinical Psychologists

The IPA Healthcare Reimbursement Committee (HCRC) will address/discuss reimbursement issues and questions that have most frequently occurred during 2023-2024, along with currently identified and otherwise anticipated concerns for 2025.

**Theresa M. Schultz**, PhD MBA, Program Chair,  
**Lynda Behrendt**, PsyD RN, IPA HCRC Co-Chair  
**Heidi Shikora**, PsyD, IPA HCRC Co-Chair  
**Margo Jacquot**, PsyD CSADC BCETS, IPA Secretary, IPA HCRC  
 & Chief Care Officer & Owner The Juniper Center  
**Susan O'Grady**, PsyD, IPA Director of Professional Affairs, IPA  
 CE Chair, HCRC & Clinical Director Athens & Associates



10:45 AM - 12:15 PM

## Program 6 (1.5 continuing education credits)

### Working with Racial Trauma

Racial trauma as experienced by Black, Indigenous, and People of Color can be similar to other forms of trauma, but also unique in some respects. Our presentation will address critical questions of how to identify and assess racial trauma, as well as strategies to assist clients in moving toward healing.

**Anmol Satiani**, PhD, Program Chair  
Training Director & Licensed Clinical Psychologist  
Center Focused Therapy

**Rohit Agrawal**, PsyD  
Fellow Center Focused Therapy

**Halimo Abdulkarim**, AM  
Licensed Social Worker Center Focused Therapy

10:45 AM - 12:15 PM

## Program 7 (1.5 continuing education credits)

### Landmines and Lily Pads: Using Narrative Medicine Strategies to manage the Clinician's experience while working with our clients.

This workshop will incorporate the elements of trauma-informed care, resiliency, and communication practices to meet the unique needs of clinicians and clients as we integrate a series of "unprecedented events" over the last four years.

**Melissa Perrin**, PsyD, PsyD, Program Chair  
Private Practice, Perrin Psychological Training and Consultation Services, Inc.

10:45 AM - 12:15 PM

## Program 8 (1.5 continuing education credits)

### The Medusa Complex

Utilizing the myth of Medusa presenter will explore the myriad psychological underpinnings in the story and how our subjectively plays a role in how we interpret each of these themes. Jungian concepts will be used to amplify issues related to psychological one-sidedness, and relational conflicts and their possible resolution.

**Peter W Demuth**, PsyD, Program Chair  
Private Practice

12:15 PM - 1:00 PM

## Lunch Break

Box lunches served in the **Monaco Ballroom**, seating available or grab n' go. We encourage you to join colleagues at designated IPA Specialty Sections and Committees tables during this lunch break.

### BEEF & CHEDDAR SANDWICH

Sliced roast beef, cheddar cheese, lettuce, tomato on french bread

### TOMATO & MOZZARELLA SANDWICH

Tomatoes, mozzarella cheese, spinach with red balsamic dressing on focaccia bread  
*Sandwich box lunches include fresh fruit cup, chips and Doubletree chocolate chip cookie and soft drink or bottled water.*

### ASIAN SALAD

Sesame stir-fried Tofu, red & green leaves, sesame seeds, mandarin oranges, carrots, sugar snap peas with sesame ginger vinaigrette  
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1:15 PM - 2:45 PM

**Program 9** (1.5 continuing education credits)**Introduction to Alzheimer's Disease and Other Dementias**

*This program meets the license renewal requirements for the diagnosis and Treatment of Alzheimer's and dementia.*

Dr. Janina Kamm provides an overview of the diagnosis of Alzheimer's disease and other dementias. Participants will gain an understanding of symptoms of dementia, diagnostic criteria used in the evaluation process, and common treatment approaches. A review of common communication challenges and solutions for individuals with dementia and their caregivers will be offered.

**Sue Bae**, PhD, Program Chair

IPA President & 2024 Convention Co-Chair

**Janina Kamm**, PsyD

Assistant Professor, The Chicago School of Professional Psychology

1:15 PM - 2:45 PM

**Program 10** (1.5 continuing education credits)**Understanding the Basics of Ketamine Assisted Psychotherapy**

This presentation explores ketamine assisted psychotherapy (KAP) in the treatment of mental health conditions. KAP integrates ketamine, a dissociative anesthetic, with therapeutic practices to treat mental health disorders. The presentation will cover mechanisms of action and practical considerations for the implementation of individual and group modalities of KAP.

**Jessica Punzo**, PsyD, Program Chair

IPA Metropolitan Region Representative  
Private Practice, Psychedelic Assisted Therapy  
Certification, Integrative Psychiatry Institute

**Autumn E. Starks**, LCSW

Private Practice, Starks Therapy Group

**Geoff J. Bathje**, PhD

Sana Healing Collective & Chicago Recovery Alliance

**Vilmarie Fraguada Narloch**, PsyD

Sana Healing Collective

1:15 PM - 2:45 PM

**Program 11** (1.5 continuing education credits)**Ethics & Legality of AI: Implications for Teaching, Training, and Practice**

While those with higher education show greater awareness of Artificial Intelligence (AI; PEW, 2023), psychologists report broad feelings and concerns

about AI (Abrams, 2024). By reviewing the ethics and legal implications of AI, this program will support psychologists in exploring the drawbacks and positives within teaching, training, and clinical practice.

**Michelle Kalnasy Powell**, PsyD, Program Chair

Associate Director of Training & Assistant Professor, Counseling  
Psychology Department, The Chicago School

**Maureen Keeshin**, PsyD

Department Chair & Associate Professor, Counseling  
Psychology Department, The Chicago School

**Ashley Whittington-Barnish**, PhD

Associate Professor, Counseling Psychology Department  
Associate Professor, The Chicago School

1:15 PM - 2:45 PM

**Program 12** (1.5 continuing education credits)**Visuals in Psychotherapy: Evidence-Supported Innovations to Promote Improved, Sustainable Results**

This presentation illustrates innovative use of visuals for use in major therapies to identify and achieve therapy goals and to sustain those benefits long-term. Visual tools include both ordinary and personal objects (e.g. wrapping paper, jewelry) and electronic tools (e.g. GPS, calendars) for adults and youth.

**Carroll A Cradock**, PhD, Program Chair

CAC Counseling Group

2:45 PM - 3:00 PM

**Break** Sponsored by IPA Early Career Psychologist Section

3:00 PM - 4:30 PM

**Program 13** (1.5 continuing education credits)**Kasamahan: A Model For Deepening Cultural and Clinical Competence**

This presentation will introduce *sikolohiyang pilipino*, or Philippine psychology, to further deepen our profession's goal toward multicultural competence. *Kasamahan*, founded by Filipino mental health professionals for the Filipino population, will be discussed as an example of how clinicians can consider working with other more particular but less familiar populations.

**Edward Fajardo**, PsyD, Program Chair

Private Practice

**Patricia H. A. Perez**, MEd, PhD

**Maria Cristina Castro**, Med, LCPC

3:00 PM - 4:30 PM

## Program 14 (1.5 continuing education credits)

### Utilizing DBT Skills In Therapy To Move Clients Towards Change

Individual therapy sessions focused on client problems eliminate opportunities to build skills that mitigate difficulties and maladaptive behaviors. Learn why and how the gold standard for treating borderline personality disorder, DBT, can be utilized in individual therapy. Just like orange juice isn't just for breakfast, DBT isn't just for BPD.

**Jamie A. McKay**, PsyD, EdS, NCSP, Program Chair  
Post-Doctoral Fellow for Clinical Psychology and Supervising School Psychologist  
Center for Special Education Services (CSES)  
The Lumen Academy

3:00 PM - 4:30 PM

## Program 15 (1.5 continuing education credits)

### Multicultural Competency: Unpacking Diversity in Clinical Practice

Examine your own social contexts and biases, and how they impact the therapeutic relationship when working with diverse populations, including BIPOC, LGBTQ, neurodivergent, and differently abled communities. This workshop demonstrates how to weave multiculturalism into all aspects of your clinical practice using self-reflection and an internal locus of responsibility.

**Amara Khalid**, MA, PsyD  
Private Practice RIA Psychological Services, PLLC



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#### Online Campus

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3:00 PM – 4:30 PM

**Program 16** (1.5 continuing education credits)**When the Shoes Don't Fit: Working with High Conflict Families**

We are encouraged to “walk in our client’s shoes” using our tools of empathy and authenticity. In high conflict situations, we can find ourselves walking a thin line between using our empathy and providing challenges to the narratives presented by our clients. Strategies for maintaining our clinical objectivity in practice.

**Carol Reid**, PsyD., Program Chair  
Private Practice

**Sage Jeehae Kim**, MA, LPC, NCC  
Group Dynamics Immersion Supervisor  
The Family Institute at Northwestern University  
Inpatient Therapist Streamwood Behavioral Healthcare System (SBHS),

4:30 PM – 4:45 PM

**Break** Sponsored by Midwestern University

4:45 PM – 6:15 PM

**Program 17** (1.5 continuing education credits)**Introduction to Perinatal Mental Health and Considerations for LGBTQ2+ Clients**

This workshop will present the basics of assessment and intervention for perinatal mental health conditions. Specific considerations for perinatal clients who identify as LGBTQ2+ will also be reviewed. This workshop will include didactic instruction, question and answer, and clinical application through case discussion.

**Leisze Lapping-Carr**, PhD, Program Chair  
Assistant Professor in the Department of Psychiatry & Behavioral Sciences at Northwestern

4:45 PM – 6:15 PM

**Program 18** (1.5 continuing education credits)**When Global Conflicts Enter the Psychotherapy, Training and Academic Space**

This presentation examines the increasing emphasis on global conflicts within the field of psychology, shedding light on the key issue of escalating tensions arising from these conflicts. We will explore how differing perspectives affect clinical practice, educational programs, and academic environments. Additionally, we will discuss approaches and strategies to address bias and promote inclusivity.

**Rachel S. Nitzarim**, PhD, Program Chair  
Director of Clinical  
The Chicago School of Psychology

**Rachel Losoff**, PhD  
The Chicago School of Professional Psychology

**Rhonda Goldman**, PhD  
The Chicago School of Professional Psychology

**Aliza Kaplan**, Yael Dror and Mikayla Pollard (all Clinical PsyD students at The Chicago School)

4:45 PM – 6:15 PM

**Program 19** (1.5 continuing education credits)**Disenfranchised Grief: When Transitions Hurt**

We will be discussing life transitions from a disenfranchised grief perspective. We will highlight the importance of recognizing and validating various losses by utilizing cultural sensitivity to broaden clinical perspectives. Special attention will be given to college transitions and immigration-related losses.

**Gabby Miniscalco**, PsyD, Program Chair  
Mini Mental Health Services, LLC  
Adjunct Faculty – Adler University

**Deja Alexander**, PsyD  
University of Chicago Student Wellness Post-Doctoral Fellow

4:45 PM – 6:15 PM

**Program 20** (1.5 continuing education credits)**Enlivening Therapy: An Introduction to Psychodrama and Sociometry**

During this experiential and didactic workshop, participants will advance their knowledge and professional skills in facilitating groups through learning about group dynamics (sociometry), roles, and the three phases to a psychodrama group (i.e., warm up, action, and sharing). Participants will also learn how sociometric and psychodramatic techniques can enrich their clinical work with groups. The presenters will demonstrate sociometric and psychodramatic interventions including spectrogram, doubling, and empty chair, that can help individuals understand, shift, and/or expand the various roles they play. Participants will also learn about the history and evolution of psychodrama, sociometry, and group therapy along with ongoing research.

**Brittany Lakin-Starr**, PhD, TEP., Program Chair  
Chicago Center for Psychodrama  
Chicago Center for Growth and Change

**Mallory Primm**, Psy.D., PAT  
Chicago Center for Growth and Change

**Kate Merkle**, LCSW, MPH, RDN, PAT  
Nourishment Works PC  
Chicago Center for Psychodrama

**Friday** | NOVEMBER 8, 2024

9:00 AM – 5:15 PM

9:00 AM - 10:30 AM

**Program 21** (1.5 continuing education credits)

**Initiating Lasting Impact: The IPA Leadership Development Program**

This presentation will discuss the impact the Leadership Development Program had on its' participants and on IPA. Current cohort members will provide an overview of data collected from prior cohorts and IPA leadership. A panel discussion will explore how leadership development can translate to clinical practice and other psychology areas.

**Laura Faynor-Ciha**, PhD., Program Chair  
Independent Practice  
IPA Chair of the Leadership Development Program & IPA  
Representative to APA Council of Representatives

**Allyse D. Sturdivant Williams**, PhD  
Consulting Psychologist Assistant Program Director,  
Psychology & Psychiatry Program  
Illinois Department of Child & Family Services

**Byron D. Brooks**, PhD  
Behavioral Health Educator, University of  
Chicago Family Medicine Residency

**Celia Zanayed**, PsyD  
Olive Tree Mental Wellness, PLLC

**Ivelisse M. Burgo**, PsyD., LPC, NCC  
IPA Women's Issues Section Chair  
Private Practice

**Gabby Miniscalco**, PsyD  
Mini Mental Health Services, LLC

**Ammara Khalid**, PsyD  
RIA Psychological Services, PLLC., CEO  
& Founder of Private Practice

9:00 AM - 10:30 AM

**Program 22** (1.5 continuing education credits)

**Integration of Self-Compassion into Clinical Practice**

Self-compassion is a robust, transdiagnostic intervention with strong evidence in reducing psychological distress and enhancing well-being. Additionally, self-compassion can enhance our work with clients and buffer the effects of empathy fatigue among psychologists. This program will introduce attendees to self-compassion and offer strategies to incorporate self-compassion into practice.

**Byron D. Brooks**, PhD, Program Chair  
Behavioral Health Educator, Endeavor Health  
Academic Associate, Chicago Center for HIV Elimination,  
Department of Medicine, University of Chicago

**Fabiana S. Araujo**, PhD  
The University of Chicago Department of Psychiatry  
and Behavioral Neuroscience  
Section of Adult Psychiatry



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9:00 AM - 10:30 AM

**Program 23** (1.5 continuing education credits)

**The Political is Professional: Addressing the Needs of TGD Psychologists and Trainees**

In this interactive discussion, we discuss the unique challenges of being transgender and gender diverse (TGD) psychologists. We will share from both research and personal experience about barriers faced and the both fulfilling and challenging effects of working with our own population.

**Jo Dille**, PsyD, Program Chair  
Dille Psychological Services, PLLC

**H. Kinton Rossman**, PhD  
Private Practice, River Bend Counseling and Consultation

10:30 AM - 10:45 AM

**Break**

10:45 AM - 12:15 PM

**Program 24**  
**CONVENTION KEYNOTE**

**“PSYCHOLOGY—State of the Profession”**

This CE session will be delivered by the APA Chief of Professional Practice. It will provide psychologists, practice owners, educators, and trainees with up-to-date information about important issues impacting the profession of psychology. This session will help attendees get a renewed sense of the ‘big picture’ for our profession and where things may go in the future. The focus areas will include health, business, workforce, and technology. The session is based on new scientific research, ethical and human-rights perspectives, and updated legislative/regulatory decisions at the federal and state levels.



**INVITED PRESENTER**

**Jared L. Skillings**,  
PhD, ABPP

**Dr. Jared Skillings** is a triple board-certified psychologist, licensed in Virginia and Michigan. He serves as the Chief of Professional Practice for the American Psychological Association (APA) since 2018. He oversees psychology’s 120,000-person workforce and leads national strategies to promote the work of psychologists, prepare the profession for the future, and improve population health. These efforts include improving access to psychological care; reimbursement advocacy; developing guidelines; strengthening 60 state, provincial, and territorial psychological associations (SPTAs); coalition building; policy development; and media engagement.

As an advisor to the White House and Center for Disease Control and Prevention (CDC), Dr. Skillings has contributed to solving some of society’s most pressing needs. He has amassed over 2 Billion media impressions through interviews with the NY Times, CNN, FOX, USA Today, NPR, and others.

12:30 PM - 1:45 PM

**Lunch Break**

**MEDITERRANEAN SALAD**

Cucumber, tomato, olives, feta, Aegean dressing

**MOZZARELLA STUFFED CHICKEN**

Sundried tomato coulis, yukon gold mashed potatoes, green beans with cremini mushrooms

**QUINOA STUFFED EGGPLANT**

Roasted eggplant, quinoa, zucchini & squash, capponata sauce (Vegan , GF)

**IPA Annual Awards Luncheon**

**Presidents Address**

**Awards**

**Distinguished Illinois Psychologist**

Colin Ennis, PsyD

**Legislative of the Year Awards**

Representative Lindsey LaPointe

Senator Karina Vila

**IPAGS Jennifer Manfre Award**

Elizabeth Malkin



2:00 PM – 5:30 PM

**Program 25** (3 continuing education credits—meets the ethics CE requirement for licensed clinical psychologists)

### **Culture Clashes in the Consulting Room: Ethical Considerations**

The IPA Ethics Committee will discuss ethical considerations when clients express prejudiced or partisan views in clinical settings, sometimes creating a tension between honoring client autonomy and free speech vs. promotion of social justice. Case vignettes will be utilized to highlight guidelines for prudent practice when such culture clashes arise.

**Susan Zoline**, PhD, Program Chair  
Clinical Faculty, Adler University

**Paul Cantz**, PsyD, ABPP  
Director of Clinical Training & Associate Professor, Adler University  
Clinical Assistant Professor, University of Illinois at Chicago College of Medicine  
Private Practice

**Scott Hammer**, JD  
Wilson, Elser, Moskowitz, Edelman, & Dicker, LLP

**Margo Jacquot**, PsyD  
Private Practice  
IPA Secretary

**Peter Perrotta**, PhD  
Private Practice

**Ann Sauer**, PhD, ABPP  
Program Director & Associate Professor, Midwestern University

**Abigail Sivan**, PhD  
Private Practice  
Associate Professor, Feinberg School of Medicine, Northwestern University

**Daria Gershkovitch**  
PsyD Student, Adler University

2:00 PM – 3:30 PM

**Program 26** (1.5 continuing education credits)

### **2024 Progress Report: Your Legislative Committee in Action**

Join us for a presentation highlighting the process the Legislative Committee uses to advocate for IPA members and reviewing the year's legislative wins for psychologists in Illinois. Panelist will suggest different ways to get involved in advocating for the profession.

**Gregory Sarlo**, Program Co-Chair  
Private Practice  
IPA Legislative Co-Chair  
Director of Training, IPA Psychology Internship Consortium

**Sharon Pinto Khurana**, PsyD  
Private Practice  
IPA Legislative Co-Chair  
Independent Practice

**Kristina Pecora**, PsyD  
IPA President-Elect

**Terrence Koller**, PhD., ABPP  
Private Practice  
IPA Legislative Liaison

**Ryan Taylor**, JD  
Associate, Taylor Uhe, LLC  
IPA Lobbyist

2:00 PM – 3:30 PM

**Program 27** (1.5 continuing education credits)

### **Assisted Reproductive Technology in the 21st Century: Third Party Reproduction and the Role of the Psychologist**

Explores the evolving role of mental health professionals in third-party reproduction, focusing on gamete donation and surrogacy. With a growing understanding of psychosocial considerations, the need for mental health evaluation and psychoeducation has increased. MHPs navigate complex ethical landscapes to ensure the well-being of donors, recipients, and offspring in this evolving field.

**Ariadna Cymet Lanski**, PsyD., Program Chair  
Private Practice

**Silvia Scheider Fox**, PsyD  
Private Practice

3:30 PM – 3:45 PM

**Mid-Afternoon Coffee Break**  
Sponsored by Early Career Psychologist Section



4:00 PM - 5:30 PM

**Program 28** (1.5 continuing education credits)

**IPAGS Program Presentation: Early Career Psychology**

Psychologists are known to face a multitude of challenges in their careers (Kolar et. al., 2017) but the experiences unique to psychologists who are in early, transitional phases of their career deserve more empirical attention than is currently available (O'Connell et. al.,2023). It is useful to examine the specific themes of obstacles and issues that early career psychologists tend to come across in order to illuminate the step-by-step trajectory from graduate school to becoming an expert, licensed clinical psychologist. This may be of practical use to emerging, early career psychologists, as well as later career psychologists who can use such information to guide philosophy and subsequent implementation of supervision and training techniques in an ever-changing field (Smith & Thew, 2017; Thexton, 2022).

**Hana Simon**, MA, Program Chair  
IPA Graduate Student Section Chair (IPAGS)  
The Chicago School of Professional Psychology

**Colin Ennis**, PsyD  
IPA Immediate Past President

**Clare McIntosh**, MA  
Illinois School of Professional Psychology at National Louis

**Amanda Ramirez**, MA  
Wheaton University

**Manisha Modukuri**, MA  
The Chicago School of Professional Psychology

**Simran Singh**, MA  
The Chicago School of Professional Psychology

**Emily Maniaci**, MA  
Roosevelt University

4:00 PM - 5:30 PM

**Program 29** (1.5 continuing education credits)

**Integrative Self Psychological Couple Therapy**

This presentation will summarize the basic tenets of the application of self psychology to couple therapy, including those that allow for the selective integration of aspects of other approaches, such as The Gottman Method and EFT, into a fundamentally self-psychological model. Case illustrations will be used to illustrate key points.

**Carla Leone**, PhD, Program Chair  
Co-founder and Director, Certificate Program in Integrative Psychoanalytic Couple Therapy, Institute for Clinical Social Work  
Adjunct Faculty, Chicago Psychoanalytic Institute

5:30 PM - 6:30 PM

**Student Poster Presentation Competition**

5:30 PM - 7:00 PM

**President's Reception**

This year the student poster boards will be on display during the reception. Please join us! Show your support for our student presenter's while enjoying delicious hors d'oeuvres and have a chance to meet with colleagues and IPA Leadership. Poster Awardees will be announced.

**Dr. Theresa M. Schultz, P.C.**

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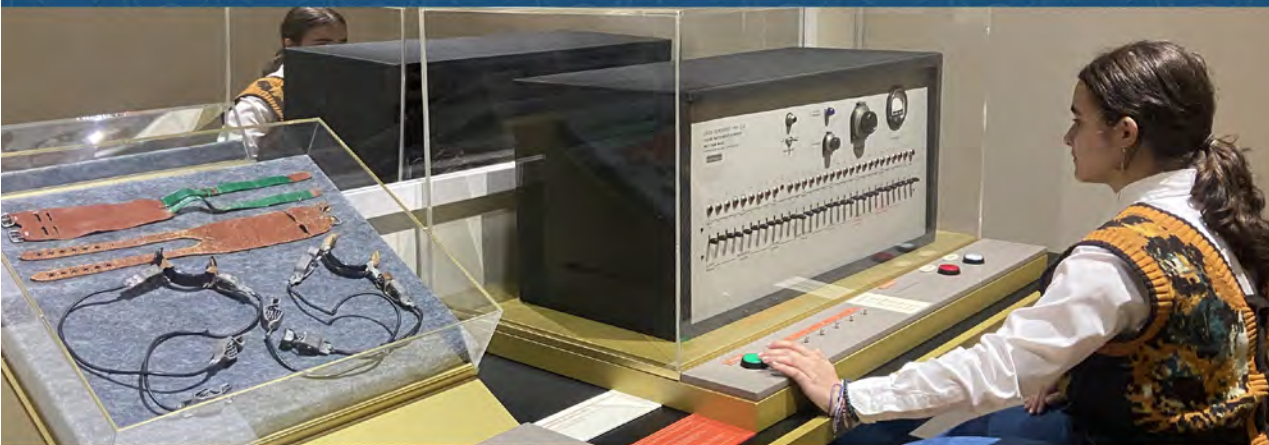
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## IPA Governance

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Kristina Pecora, President-elect

Margo Jacquot, PsyD, Secretary  
Theresa Schultz, PhD, MBA, Treasurer  
Laura Faynor-Ciha, PhD, APA Council Representative

### IPA COUNCIL SECTION CHAIRS & REGION REPRESENTATIVES

Erin Alexander, PsyD, Section on Ethnic Minority Affairs  
Hayley Bemel, PsyD, Early Career Psychologists Section  
Brandi Boan, PsyD, MSCP, North Region Representative  
Blair Brown, PsyD, North Central Region Representative  
Keith Buescher, PhD, South Central Region Representative  
Ivelisse Burgo, PsyD, Women's Issues Section  
Jenine Chiles, PsyD Academic Section Chair  
Manisha Dayal, PsyD, Clinical Practice Section  
Holly Houston, PhD, Social Responsibility Section Chair  
Jeffrey Kellogg, PsyD, South Region Representative

Gabriela Miniscalco, Metropolitan Region Representative  
Derek Phillips, PsyD, MSCP, ABMP, Behavioral  
Medicine & Neuropsychology Section  
Jessica Punzo, PsyD, Metropolitan Region Representative  
Steven Rothke, PhD, Organizational & Business  
Consulting Psychology Section  
Cliff Saper, PhD, Metropolitan Region Representative  
Hayleybeth Van Serke, PsyD, Sexual Orientation  
and Gender Diversity Section  
Hana Simon, MA, Graduate Student Section

### CONTINUING EDUCATION COMMITTEE

Susan O'Grady, PsyD, Co-Chair  
Lynda Behrendt, PsyD, RN, Co-Chair

## Convention Volunteers & Staff

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Kristina Pecora, PsyD Co-Chair  
Erin Alexander, PsyD  
Hayley Bemel, PsyD

Ivelisse Burgo, PsyD  
Jenine Chiles, PsyD  
Manisha Dayal, PsyD  
Colin Ennis, PsyD

Holly Houston, PhD  
Hana Simon MA  
Haley Beth Van Serke, PsyD

### IPA MEMBERSHIP COMMITTEE

Andrea Seefeldt, PsyD, Chair

### IPA STAFF

Litesa Wallace, EdD,  
Executive Director  
Terrence Koller, PhD, ABPP,  
Legislative Liaison

Susan O'Grady, PsyD, Director  
of Professional Affairs  
Marsha Karey, Convention Planning

Jaclyn Psenka, Graduate  
Student Assistant

### CONVENTION VOLUNTEERS

Linda Wright, PsyD, Student  
Volunteer Coordinator

Nidhi Trivedi, PsyD  
Alison Weiss, M.Ed.

Lynda Behrendt, PsyD  
Nancy Koller

## THE ILLINOIS PSYCHOLOGICAL ASSOCIATION **WORKS FOR YOU**

- IPA is one of the largest state psychological associations in gaining broad legislative recognition for the practice of psychology.
- IPA speaks for psychology by advocating for the proper care and treatment of those with mental disorders.
- IPA's Regional Representatives to IPA Council assure input in policy development and implementation from all areas of Illinois.
- IPA is the only psychological organization in Illinois affiliated with the American Psychological Association.
- IPA has eleven special interest sections, including an Early Career Psychologist Section.
- IPA promotes participation of graduate students and interns in professional psychology activities at the state level.
- IPA provides liaison services for academic psychologists to facilitate promotion of dialogue on issues of student education and training in psychology.

### SPECIAL INTEREST SECTIONS

- ACADEMIC SECTION
- CLINICAL PRACTICE SECTION
- EARLY CAREER PSYCHOLOGIST SECTION
- BEHAVIORAL MEDICINE AND NEUROPSYCHOLOGY SECTION
- GRADUATE STUDENT SECTION
- ORGANIZATIONAL AND BUSINESS CONSULTING PSYCHOLOGY SECTION
- SEXUAL ORIENTATION AND GENDER DIVERSITY SECTION
- SECTION ON ETHNIC MINORITY AFFAIRS
- SOCIAL RESPONSIBILITY SECTION
- WOMEN'S ISSUES SECTION

## MEMBERSHIP BENEFITS AND SERVICES

- Practice Assistance Professional Representation.
- Practice/Billing Tip of the Month via the IPA Listserv and IPA Website.
- Health Care Reimbursement Committee consultations on claims problems/insurance issues.
- Confidential Ethics Committee consultations at no cost.
- Access to IPA Listserv, including potential new referrals, practice issues & behavioral health resources.
- Updates on legal/regulatory changes affecting IL practice.
- Successful Advocacy for Post-Doctoral trainees & graduate students: See Blue Review May 2018 publication on new BCBSIL reimbursement policy for post-doctoral fellows developed by IPA'S HCRC with assistance from APA.
- Updates on licensing statutes/laws & CE.
- Discounts on CE workshops & at the IPA convention.
- Quarterly E-newsletter from IPA on timely issues affecting your practice.
- At no cost, one hour phone consultations on issues affecting clinical pre-authorizations; billing & coding; & reimbursement from Ascend Practice Management.



# Are YOU interested in IPA Leadership? Are YOU interested in Developing your Leadership Skills?

**If you answered YES to these questions, please consider making application to the Leadership Development Program of the Illinois Psychological Association.**

## Overview

The Leadership Development Program (LDP) of the IPA is a program designed to engage and educate future leaders of IPA. Participants will be chosen via application and interview. Acceptance into the program is a one year commitment followed by participation in IPA committee work with the intention to eventually run for an IPA Council position. This is an excellent opportunity to develop leadership skills to be utilized in IPA, as well as in the future for personal and professional application in academic settings, administrative clinical settings or other board positions.

- monthly meetings will be held. Some in person, some virtual.
- monthly topics to be covered: leadership assessment with feedback of strengths and areas for development; review of IPA Bylaws, policies and procedures; association history; association finances and fiduciary responsibility; a mock council meeting; mentoring; an association project.

### For additional information, contact:

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Chair, IPA Leadership Development Program and IPA Past President  
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Cell: 630/988-0489

Dr. Litesa Wallace  
IPA Executive Director  
[llwallace@illinoispsychology.org](mailto:llwallace@illinoispsychology.org)  
IPA Office phone: 312/372-7610, x201





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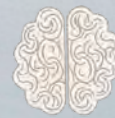
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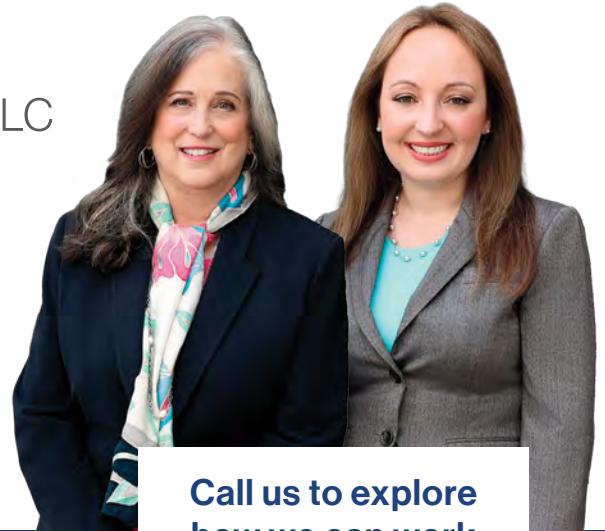
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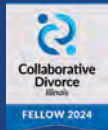


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